Doreen Wright, Program Manager Debra Gallup, Site Coordinator Danielle Sommers, Friendship Café Cook

Weather Cancellations: Please watch local TV stations for closings due to inclement weather.

Bishop Scully Hall "Friendship Café"

1735 Alexander Rd. PO Box 219 Delanson, NY 12053

February 2020 Menu

Monday, Wednesday, Friday: 10:30AM-1:30PM 518-275-7601

Sponsored by: Catholic Charities Senior & Caregiver Support Services

For Meal and/or Transportation

Reservations, call 518-275-7601

Suggested Meal Contribution

Participants 60 and over-\$3.50

Guests under 60-\$6.75

Suggested Transportation

Contribution- \$1.25 Each way Food Stamps Welcome

1% milk served daily MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Chili with Beef and Beans Chicken Sausage, Macaroni and Cheese Peppers & Onions Spinach Stewed Tomatoes Cranberry Juice Cauliflower Carrots Corn Bread **Sweet Potato Fries** WW Dinner Roll Fruit Cocktail WW Hamburg Bun Pineapple Fruit Crisp 11 10 12 13 14 Meat Loaf Egg, Cheese and Veggie Bake Pulled Pork Broccoli Sweet Potato Tots Cole Slaw Garlic Mashed Potatoes Orange Juice Mixed Vegetables WW Roll WW English Muffin WW Hamburg Bun Blueberry Muffin **Apricots Tropical Fruit** 17 18 19 20 21 Baked Breaded Fish Fillet Chicken Taco Salad Roast Turkey W/Gravy Mixed Vegetables Broccoli Mashed Sweet Potatoes Fresh Strawberries Salsa Green Beans, Cranberry Sauce Brown Rice Whole Grain Pita Chips Stuffing WW Bread **Apricots** WW Bread Shortcake Biscuit W/Whip Topping **Tropical Fruit** 24 25 26 27 28 Italian Baked Chicken Spanish Rice with Beef, Tuna Elbow Macaroni Casserole Golden Mashed Potatoes / Peas Peppers, Tomatoes & Beans **Brussel Sprouts** California Blend Carrots **Applesauce** Brown Rice WW Bread WW Bread Peach Cobbler WW Bread Fruit Cocktail Pears Viete Rosenques, MS, RDN, CDN

The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County, and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan affiliation or sexual orientation.